Welcome to *Your Story, Our Story*

*Your Story, Our Story* is a national digital exhibit initiative of the Tenement Museum in New York City and its partners across the United States. We work with schools, universities, museums and cultural sites, organizations, and community groups to co-create a collection of stories that is expansive enough to hold the connections we share as Americans, along with our similarities and differences. Together, we explore the ways that people are profoundly impacted by the places they come from and move into, telling a fuller and more holistic story of American identity in ways that honor the complexity and multiplicity of individual experience.

The Tenement Museum was founded with the belief that history is personal and relational. Every individual makes history and their actions have the capacity to impact others in both small and transformational ways. Just as the museum’s historic tenement buildings contain the stories and objects of extraordinary Americans, the places your community members live are holding important truths. As their group leader, we hope you will partner with us and help your community to publish their personal stories using the *Your Story, Our Story* platform.

*Your Story, Our Story* offers participants the opportunity to become historians of their experiences so that they can better understand who they are, how their identities came to be and connect to other Americans, and the roles people play in shaping community and society.

This resource includes everything you need to get started, beginning with the top three questions group leaders have asked to help them determine if *Your Story, Our Story* is right for their community:

- Who is *Your Story, Our Story* for?
- How does *Your Story, Our Story* benefit groups?
- What types of stories can participants include in *Your Story, Our Story*?

After that, we provide an overview of the resources we compiled which include step-by-step how-tos and related worksheets so that you can find what you need with ease.

It is important to note that because *Your Story, Our Story* asks participants to answer the deeply personal question of *Who are you?* it can surface a range of emotions from joy through traumatic, and everything in between. Exploring the complexity and nuance of one’s identity can be especially challenging when one’s story intersects with ideas around power, race, and ethnicity that are shaped by global and local politics. Giving participants permission to decide which parts of their identity they want to share with you, their community, or the public is foundational to the project. Our step-by-step guide will help you to be inclusive and respectful of peoples’ diverse histories, current realities, and individual preferences while being mindful of your organizational goals.

In partnership,

Kathryn Lloyd, Vice President of Programs, and The *Your Story, Our Story* Tenement Museum Staff Team
Who is *Your Story, Our Story* for?

*Your Story, Our Story* is for all Americans, ages 13 and older. The project is designed to be expansive enough to hold the diversity of participants’ unique identities. Everyone can participate, regardless of whether they have a direct connection to migration or immigration, know a lot about their family history or very little, or hold specific racial, ethnic, religious or other social identities.

How does *Your Story, Our Story* benefit organizations?

At its core, *Your Story, Our Story* helps participants to see themselves as authors with stories that are valuable. It also helps participants to get curious about other people’s identities and experiences within their community by creating opportunities to make connections, honor differences, and contribute to building a fuller understanding of the past and present.

Organizations can use *Your Story, Our Story* to:
- Create opportunities to learn about members’ identities.
- Digitally publish community member stories.
- Create an exhibit online and or in their organization.
- Contribute to Diversity, Equity, Inclusion, and Belonging initiatives by exploring similarities and honoring the differences of experience within the group.

Participants can use *Your Story, Our Story* to:
- Choose what parts of their identities they want to share.
- Deepen relationships with colleagues and members of their community.
- Publish their work in a digital museum exhibit.
- Develop an awareness of other identities and experiences, respectfully learn about them, and think critically about them.
- Connect their personal history to larger historical trends.

Here are some examples of community organizations using *Your Story, Our Story* to support their community: Chinese American Planning Council, Illinois Holocaust Museum and Education Center, Midlo Center and the NYC Manny Cantor Center.

What types of stories can participants include in *Your Story, Our Story*?

Stories on *Your Story, Our Story* use an object to reveal the ways moving to a new place impacts identity and one’s understanding and experience of the world. These include the movements of ancestors and one’s personal lived experience, moves that were welcomed and those that were forced, and moves from another country or within the United States.

These movements holds countless possibilities for story topics, including:
- Traditions preserved or adapted from one place to another (e.g. food, music, attire, religion)
- New rituals invented to bring comfort or mark important moments or milestones
- Objects or stuff one cares about
- Successes and struggles encountered (e.g. dreams, opportunities, challenges, disappointments)
- Emotions and feelings that surfaced as a result of the movement (e.g. joy, hope, discomfort, confusion)
- Important people in their lives (e.g. family members, caregivers, friends, neighbors, or community members connected to a location)
- Parts of their identity and family history one is curious about
- Things we haven’t yet considered. We are learning together and are grateful to be co-creating this with smart people like you who can help us identify and expand our ideas.
This guide includes two sections to help you optimize your Your Story, Our Story experience:

1. Step-by-Step Guides
2. Worksheets

An outline of each section is below.

You can also access the Your Story, Our Story Group FAQ here.

Have an idea for a resource not listed? We are constantly updating this guide in partnership with the group leaders using Your Story, Our Story. Please contact yourstory@tenement.org to share ideas, questions, and requests.

Section #1 Step-by-Step Guides
Use the ones that respond to your needs and skip the ones that aren’t relevant.

- How to create a group page
- How to introduce Your Story, Our Story to administration
- How to introduce Your Story, Our Story to participants
- How to help participants choose an object
- How to help participants submit their story
- How to celebrate story publishing
- How to host a multigenerational community event

Section #2 Worksheets
PDFs and editable versions so you can easily adapt them.

- Letter to Administration
- Object Brainstorm
- Story Submission Checklist
- Project Reflection
SECTION #1 STEP-BY-STEP GUIDES

How to create a group page

A group page on Your Story, Our Story allows you to create a unique link and webpage for your participants’ stories. This how-to includes step-by-step directions for getting started.

STEP 1: Prep

1a. Determine Page Association
Before you can create your group’s page, you need to determine if your group page will stand alone or be part of a partner page, which features multiple group pages that are associated with an institution or organization.

*Group Pages* are created by group leaders who have the ability to edit and approve stories submitted to the page.

- If you are part of a school or organization with multiple participating classes, we recommend creating a group page for each group. This way you can easily access your group’s stories as opposed to seeing them mixed together with the other groups.
- Here is an example of what a Group Page looks like: Midlo Center and the NYC Manny Cantor Center.

*Partner Pages* are created by schools or organizations and have the capability of housing multiple group pages within them. These pages can only be made and edited by the Tenement Museum.

- You can check if your school or organization has one by searching for its name - if it exists, it will appear with the label “PARTNER” in the bottom right corner.
- Here is an example of what a Partner Page looks like: Chinese American Planning Council and Illinois Holocaust Museum and Education Center.
- If your school would like a partner page created because they have multiple participating classes and would like each class's group page to appear on a central page, we can create a partner page for you. To request this, send an email to yourstory@tenement.org.

1b. Select a Group Page Image
In order to create a group page you will need to select an image to upload. This might be a logo, group photo or other representative image of your choosing.

STEP 2: Create a Group Page

2a. Go to Your Story, Our Story
- If you are creating a new Group Page for your group: Go to https://yourstory.tenement.org/groups/new
- If you are adding your group’s stories to an existing Partner Page: Use the search function to find the Partner Page and then select the “Add Your Group” button.
2b. Complete the form using the tips below.

*Chart of tips for completing the Create a Group Page form:*

<table>
<thead>
<tr>
<th>Section</th>
<th>Tips</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Group Name</td>
<td>List your school or organization</td>
</tr>
<tr>
<td>2 Group Tag</td>
<td>Tags help improve search functionality. We recommend creating a tag with your Organization Name_Year</td>
</tr>
<tr>
<td>3 Group Image</td>
<td>Upload a school logo, classroom photo or other representative image of your choosing.</td>
</tr>
<tr>
<td>4 Group Description</td>
<td>Share a little about the school, its location, your class, and why you wanted to participate in <em>Your Story, Our Story.</em></td>
</tr>
<tr>
<td>5 Group Type</td>
<td>Choose the most relevant for your group: Elementary School, Middle School, High School, College, Community, English Language Class</td>
</tr>
<tr>
<td>6 Group Zip</td>
<td>List the zip code of the school building, organization, or location of the group.</td>
</tr>
</tbody>
</table>
| 7 Group Settings | These settings allow you to set the privacy level for the stories included in your Group Page. Privacy setting options include:  
  ● Use only initials, not full name, as signature in story  
  ● Do not use photos of author’s face  
  ● Stories in this group can appear in global public search results  
  In other words if you select *Use only initials*, even if your participants typed their full name, only initials will be included on the published story. |
| 8 Your Email | Use the email Museum staff can you to confirm your page, and contact you with any questions. |

**STEP 3: Get Your Group Page Approved**

Your Group Page form will get processed by Tenement Museum Staff, usually within 2 business days. Once it is approved you will get an email notification. The email will include 2 links:  
  ● Your group page where participants can directly add their story from.  
  ● Your “secret link” which will give you access to review and edit incoming stories and approve stories for publishing on your Group Page.  
  ● Bookmark the link for easy access.

**STEP 4: Upload Your Story**

We highly recommend that group leaders submit their own story before asking participants to submit theirs. Participation will help you get familiar with the process and site features and help you to identify potential questions or barriers for your participants. It will also give you an example to use when you introduce *Your Story, Our Story* to your participants and let you model the ways stories help us to share parts of ourselves with others.
Before you start the project, we encourage you to share details with your administration. Letting people know in advance about the power and potential of the partnership can help them to get excited and to be prepared to support you throughout the initiative. This guide includes a sample letter you can share.

**STEP 1: Inform Administration**

a. **Before you start the project, inform the administration.** Publishing participant stories online is exciting and can also be concerning. Telling the administration in advance and making sure they know how privacy is being managed can mitigate concerns, create space to address any questions, and make sure you have support.

b.  [Share Letter to Administration.](#)

**STEP 2: Address Questions**

a. **Be in touch with the Museum if there are any outstanding questions.** Email any questions to [yourstory@tenement.org](mailto:yourstory@tenement.org). We are excited to partner with you and are here to support you.
SECTION #1 STEP-BY-STEP GUIDES
How to introduce Your Story, Our Story to participants

Publishing a story about your identity can be both exhilarating and intimidating for participants. And, because people have life experiences that we can’t anticipate, it is important to create an environment that gives participants the power to choose the parts of themselves they want to explore and share. This is especially important because stories about how a family came to the United States and/or was treated may hold trauma.

This guide includes step-by-step directions for introducing Your Story, Our Story to participants by first sharing your own story with them.

**STEP 1: Frame the Project**

Introduce Your Story, Our Story and how it will be used, using these key ideas:

a. The group is partnering with the Tenement Museum in New York City.

b. The Museum is trying to tell a story about how the United States has been shaped by the people who have called it home by exploring the places they came from and have moved to. As lots of different people have lived in the United States over time, there are many stories to be told and connections to be made.

c. The Museum’s collection is missing some important stories - theirs - and is inviting them to share a story in their digital exhibit called Your Story, Our Story.

d. Each participant will publish their own story in our group’s gallery.

e. The project will offer opportunities to reflect on our identities, learn about each other, and explore the larger historical trends we are part of.

**STEP 2: Share Your Story**

Model how the Your Story, Our Story works using the story you submitted.

a. Bring up your story on your group page.

b. Invite participants to focus on the object and consider what they can tell about it. Do they know what it is, can they describe what it is made of, have they ever seen anything similar? Reinforce that objects hold many stories and these stories can exist outside of a person’s direct experience with it.

c. Read your story aloud.

d. Ask participants what new information they were able to learn about the object and you from the story. Reinforce the ways stories can change the way we see things and help us to consider something new about someone else’s experience.

e. Ask participants to consider what connection they can make between your story and their own lives? What is similar and or different about your experiences? Reinforce how recognizing commonalities and differences helps us to learn about ourselves and each other’s identities.
STEP 3: Review Story Components

Review the components of your story submission to help participants become familiar with the elements they will be asked to include in their stories.

These include:

a. **Images** of the object and or people and places related to the story

b. **Text** of the story

c. **Tags** that connect the story to other stories that share a big idea

d. **Storyteller’s relationship to immigration or migration** which can uncover generational patterns or trends

e. **Categories** that organize objects by type. *Your Story, Our Story* features the following categories:
   - Attire contains objects of clothing, jewelry, hats, accessories, and other items worn on bodies.
   - Foodways contains objects related to food, recipes, and items cooked with.
   - Religion contains objects used during holidays and celebrations.
   - Fun contains objects used for play, hobbies, or craft.
   - Work/Education contains objects used for learning like books and tools and trade items.
   - Miscellaneous contains objects like pets, transportation, names, signs, places, buildings, and other items that don’t fit in the other categories.
SECTION #1 STEP-BY-STEP GUIDES
How to help participants choose an object and explore its story

For some participants, an object idea will come quickly and with ease. Others may struggle identifying suitable options or making a decision. This guide includes steps for helping participants brainstorm ideas through prompts so that they can explore ideas without pressure or fear of criticism. We have also included a chart of common challenges and some tips for helping participants overcome them.

STEP 1: Brainstorm

Distribute the Object Brainstorm worksheet or select elements from it to share. This worksheet includes a variety of exercises to guide participants through the process including:

- Ideation prompts to help brainstorm potential objects. Some organizations have shared an ideation prompt a day for the week after launching the project to generate excitement and build story ideas.

- Checklist to help them determine if their object idea is a good fit for Your Story, Our Story.

- Story drafting prompts to help participants uncover the stories their selected object holds and draft their story.

STEP 2: Get Unstuck

Help participants move through the process. Exploring identity is complicated and can surface different things for different people. We have compiled a chart of challenges participants have named, along with inspiration from other Your Story, Our Story submissions that can give them ideas for moving forward.

- Help participants identify the challenge or source of their struggle. Naming the specific issue that is holding them back is the first step in getting unstuck.

- Reframe the challenge in ways that help them see their experience as part of the American experience, not outside of it.

- Share stories from other participants that have faced a similar challenge and help participants consider how those stories might inspire new ideas. See chart below for ideas.
### Chart of Challenges with Reframes and Recommended Stories:

<table>
<thead>
<tr>
<th>Challenge</th>
<th>Reframe</th>
<th>Recommended Stories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unable to think of an object feels special</td>
<td>Expand your definition of value beyond money to include emotional,</td>
<td>Challah Bread, Rice Cooker, Blue 18-Wheeler Truck</td>
</tr>
<tr>
<td></td>
<td>spiritual, reliability, usability, effort value.</td>
<td></td>
</tr>
<tr>
<td>Don’t know family history</td>
<td>Exploring broken connections to the past and the questions one has</td>
<td>Pasta in Ascolai, Brigid’s Cross, The Metal Cup</td>
</tr>
<tr>
<td></td>
<td>about their identity is an important part of the story. Unknown</td>
<td></td>
</tr>
<tr>
<td></td>
<td>history is part of American history.</td>
<td></td>
</tr>
<tr>
<td>Family Story is too complex for 250 words</td>
<td>Share a family story, rather than the family story. Consider</td>
<td>Po Tat, Photo, Dining Room Buffet</td>
</tr>
<tr>
<td></td>
<td>selecting one facet of your identity to share in your entry.</td>
<td></td>
</tr>
<tr>
<td>Don’t have the object</td>
<td>Objects can have a lot of looks. Consider drawing a picture or taking</td>
<td>The Music of the Beatles, Pita, Porcelain Clock, Bathtub</td>
</tr>
<tr>
<td></td>
<td>a picture of something that represents the object. You can also</td>
<td></td>
</tr>
<tr>
<td></td>
<td>expand your ideas of objects to meals, holiday traditions, songs,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>or something else of meaning—be creative!</td>
<td></td>
</tr>
<tr>
<td>Family doesn’t have a connection to immigration</td>
<td>Not all Americans are descendants of immigrants. Stories about the</td>
<td>Cup for Carrying Water, Bear Claw Necklace, Art Binder</td>
</tr>
<tr>
<td></td>
<td>impact of moving, family history, and culture are core to the</td>
<td></td>
</tr>
<tr>
<td></td>
<td>American experience.</td>
<td></td>
</tr>
<tr>
<td>Not in contact with biological family</td>
<td>Focus on people who feel like family and have been important to your</td>
<td>Mother Lion, Baby Bib</td>
</tr>
<tr>
<td></td>
<td>identity. Stories about chosen families and about the many ways</td>
<td></td>
</tr>
<tr>
<td></td>
<td>people find support and care are needed.</td>
<td></td>
</tr>
</tbody>
</table>

*Your Story, Our Story*  
*Community Group Guide*  
*10*
Once participants have written their stories, it is time for them to upload them to Your Story, Our Story. This guide includes a Story Submission checklist to help participants make sure they are ready for upload.

STEP 1: Directions for Uploading Stories

a. Distribute the Story Submission Checklist so that participants can make sure they are ready for upload by checking everything on the list.

b. Remind participants of the class tag and link to use to upload their stories.

c. Have participants upload their stories using your group page link.

STEP 2: Approve Stories

a. Review the stories using the secret link emailed to you when you created your group page.

b. Check stories for spelling, grammar, and content and determine if another round of editing is needed.

c. Approve stories.
SECTION #1 STEP-BY-STEP GUIDES
How to celebrate story publishing

Celebrate your participants’ stories! Being published on a nationally acclaimed museum site is a testament to your participants' ability to shape history and contribute to telling a fuller story of American identity in ways that honor the complexity and multiplicity of individual experience.

STEP 1: Plan an Opening Party

a. **Invite community members to celebrate** during a culminating event. This can happen online or in person if possible. Many group leaders include a formal presentation where some participants are invited to share their stories. Others have participants available to respond to questions, comments etc.

b. **If you are able to celebrate in person:**
   - **Print participant stories.** When you open each story there is a gray printer icon in the top right corner, which you can select for printing options.
   - **Determine where your exhibit will be displayed.** Many groups use a hallway or another public area with their location.
   - **Consider if it would be possible to feature some of the objects** and if so invite participants to bring them along and organize a place for them to be on display.

STEP 2: Reflect on the Process

a. **Reflect on the process as a group using these prompts for inspiration.**

   *Prompts to reflect on the writing process:*
   - Describe what it was like for you to choose an object. Did you immediately know what you wanted to pick? Did it take you a long time to decide? How did the process feel for you?
   - What was the most difficult part about writing your story?
   - What sources helped you to write your story? Did you rely on your memories, talk with or interview someone, conduct any research online or do something else that helped you to uncover the story and write about it?
   - Having written your story, do you have any new questions or unanswered questions about your object and the connected history? What more would you like to know about it? Be specific.

   *Prompts to Reflect on your Community Members’ Stories:*
   - Which story stands out to you and really grabbed your attention or surprised you? What elements in the story caused you to notice it?
   - What connections did you make with other members of the community?
• What story made you think differently about something? Share specific things you learned.

**STEP 3: Share the Stories!**

b. **Share the link to your group page** on social media and help other people learn about your community and or organization through participants' stories.

c. **Encourage participants to share their story** link with friends and family and to spread the news about their authorship and partnership with the Tenement Museum.
SECTION #1 STEP-BY-STEP GUIDES
How to host a multigenerational community event

Celebrate your partnership with *Your Story, Our Story* through a multigenerational event that brings family members together to learn about the community they are part of.

**STEP 1: Select Objects to Feature**

a. **Choose four to six objects that are central to your organization’s story.** Having these objects on display at the event will help community members get curious and excited about the ways objects can hold stories and help people learn.

b. **Invite some members of your community to share the stories they submitted to *Your Story, Our Story*.** You might have these printed and displayed, featured in rotation on a screen and or have a set time when the storytellers present their stories or are available to talk about them with guests. You can also explore having participants bring in objects to display when possible.

**STEP 2: Invite Community Members**

a. **Share an invitation to the event.** Here are some of the ways other partners have described the program:
   - The organization and the Tenement Museum are partnering to hold a special *Your Story, Our Story* exhibit event.
   - Celebrate the community by learning about members through the objects and stories that matter to them.
   - This limited engagement will feature objects and stories from the community.
   - Help preserve our community’s stories. Please bring an object or a picture of an object that is special to you.

**STEP 3: Create Space for Exchange**

a. **Create space at the event where guests can interact and exchange stories with each other.**
   - Printing cards with questions and prompts that can inspire reflection around story contributions.
   - Having a designated space where stories are recorded during the event. This can be especially helpful for elders and other people who might be less comfortable navigating and contributing to *Your Story, Our Story* on their own. Some groups have audio recorded interviews at events where a person shares an object or tradition with them, which they then upload to *Your Story, Our Story*. Other groups have uploaded stories they captured using the third person language to share what the person shared, and adding a first line similar to “This story was shared with the (name of community group) during (name of event).”
   - Having a designated area where two people sit across from each other and share their answer to...
a question or prompt card.

- Having a set time where you announce a prompt and encourage everyone to share their answer with another guest.

b. **Choose questions and prompts to use.**

Here are questions that can generate connection and curiosity about different people's identity and lived experience that you might want to use. You can also pick your own.

- Tell me about a place that is important to you. This can include places you have moved to, visited, or feel a connection because your ancestors or elders came from there.
- If you were going to move away and could only take 3 objects from your home with you that would help you remember where you came from, what objects would you choose? What makes each special?
- What parts of your family’s history in the United States are you curious to learn more about?
- Tell me about a food that is special to you. Where would you get it? How is it prepared? What did it taste and smell like? When would it be eaten?
- How would you describe a perfect day?
- If you could go any place in the world right now, where would you go and why?
- Tell me about something you've dreamt of doing for a long time?
- Tell me about someone in your family who inspires you and why. [Consider both biological and chosen family.]
- What do you value most in a colleague/ community member/friend?
- Tell me about the best gift you have given or received?
- Tell me about a game you liked to play as a child?
- Tell me about the story of your name. What different names have people called you? Is there a name, title, or nickname you like the most or least?
- Tell me about a smell that is special to you. Where were you when you first smelled it? What components contribute to its scent?
- If you could only celebrate one holiday each year, what would it be? What makes it special to you?
- If you invited guests to bring an object or picture of an object with them, you can also consider using the story drafting prompts on the Object Brainstorm worksheet.

**STEP 4: Create an Event Timeline**

a. **Consider the length of your event.** Some partners have hosted open house style programs where activities take place throughout the day. Others have had 90 minute focused gatherings that included these elements:

- Opening and welcome remarks
- Time for exploring the objects on display
- Presentation of stories from community members
- Time to exchange stories with each story using prompts
- Takeaway with a link to your unique Your Story, Our Story page and directions for adding their story to the collection
● Closing remarks

STEP 5: Spread the Word

a. **Share updates and photos from the program** on social media or in an organization wide email to help others get introduced to the project and celebrate its stories.

b. **Encourage event guests to share their story on the group page through follow-up communication.**
SECTION #2
Worksheets
Dear Executive,

We are thrilled that your organization is interested in partnering with the Tenement Museum on Your Story, Our Story, a national digital exhibit initiative. We are inviting groups from across the country to help us tell the story of American identity in ways that honor the complexity and multiplicity of individual experience.

Your Story, Our Story offers participants the opportunity to get curious about other people’s identities and history, creating opportunities to explore commonalities, honor differences, and contribute to building a fuller understanding of what it means to be American.

Groups can use Your Story, Our Story to:
- Learn about the identity of community members.
- Digitally publish community member stories.
- Create an exhibit online and or in their organization.
- Build community by exploring commonalities and honoring differences.

By creating space for participants to share their experiences, Your Story, Our Story also has the potential to deepen understanding about unfamiliar groups and identities, to combat racism and prejudice, and to promote empathy and equity.

The Tenement Museum takes your privacy and safety seriously. Your participants’ story will be published on the Your Story, Our Story website, and your group leader can ensure that no personally identifiable details (full name, photograph) are in the story when it is published. Your participants’ story will be archived by the Tenement Museum in their digital collection, but we will never share the story without permission. At any time, if you or your participants want the story removed from the website, write to yourstory@tenement.org and the Tenement Museum will remove the story from the website.

The Tenement Museum was founded with the belief that every individual makes history and their actions have the capacity to impact society in both small and transformational ways. This includes your community members - their stories are valuable - and we are thrilled that they will join the museum’s digital collection and enable us to tell a fuller and more holistic story of American identity.

Do not hesitate to be in touch with any questions about Your Story, Our Story by phone at 646-518-3010 or via email at yourstory@tenement.org.

Sincerely,

Kathryn Lloyd, Vice President of Programs and Interpretation on behalf of the The Your Story Our Story Team at the Tenement Museum
Object Brainstorm

This handout includes a variety of exercises to help you identify an object to contribute to Your Story, Our Story and draft your story.

IDEATION PROMPTS

Use these prompts to help you brainstorm potential objects to use for your story submission.

- Make a list of all the places important to your family? This can include places you have moved to, visited, or feel a connection because your ancestors or elders came from there. For each place on your list, note objects in your home that connect to or remind you of that place.
- If you were going to move away and could only take 5 objects from your home with you that would help you remember where you came from, what objects would you choose? What makes each special?
- If you live with people, ask them to identify 3 objects that are special to them that they have in their living space and to tell you what makes them special.
- Make a list of people that feel like family to you. These might be people that you would turn to if you wanted to share good news or needed comfort. For each person on your list, note objects you have that connect to or remind you of them.
- What parts of your family's history in America are you curious to learn more about? Write four questions about where your family comes from that you are curious to find answers to.
- Make a list of the characteristics that describe your identities. Consider the characteristics you use to describe your identities and how others have described who you are. These can range from appearance, age and abilities, to your race, ethnicity, family, spirituality, hopes and dreams and values. Highlight the four descriptors that feel most essential or primary to your understanding of yourself.
- In what ways is your identity or your family's identity unique?
- Think about a special day in the last year. It might have been a holiday or celebration. As you think about what made it special, make a list of all the objects that were involved.
- Reflect on your dreams and wishes for the future. What objects are part of these dreams?

OBJECT CHECKLIST

For each object you are considering, see if it can check at least 5 boxes on this checklist. If you are able to check 5 boxes, your idea is an excellent one for Your Story, Our Story. If it doesn’t see if another idea might work.

- It is important to me
- It is a part of my identity that I choose to share
- It brings up a feeling for me (e.g. joy, sadness, hope, struggle)
- I have questions about it (it is ok not to have answers)
- It is about my experience or the experience of someone I have a strong connection to
- It connects to a place that is important to my family
- It connects to tradition or activity that is important to my family
- It is part of a holiday or special occasion
- It connects to immigration or migration
- It was given by someone who is an important person in my family
STORY DRAFTING PROMPTS

Once you have your chosen object, brainstorm around the stories it holds. The best Your Story, Our Story entries include information about the object, one’s relationship to it, and how it connects to something bigger. Considering aspects of each category can help you draft your story and determine what elements you want to include. We recommend answering at least four questions for each section.

OBJECT

- How is the object called? Does it have more than one name?
- How would you describe the object’s appearance? (e.g. color, size, shape, texture)
- What is the object made of? (e.g. materials)
- How is the object used?
- When is the object used?
- Where did your object come from? Has it traveled?

SELF

- When did you first learn about this object?
- Who in your family used/uses this object?
- What can your object teach us about your identity?
- How does this object make you feel?
- Why is the object important to you?
- If the object could talk, what questions would you want to ask it?
- What are some things you want to know about the object and or your family that you currently don’t know?

WORLD

- What do people need to understand about this object?
- What lessons can the story teach us?
- What can this story teach us about the American experience?
- How is your family’s story similar or different to other stories you’re familiar with?
- Does your object’s story connect to any historical or current events?
- In what ways is your family’s story similar or different to things you’ve studied?

IMAGE BRAINSTORM

Consider ideas for images to accompany your story of the object. These can be photographs, drawings, or another idea for creatively representing your selected object.
Your Story, Our Story Submission Checklist

Review this checklist to make sure you have everything you need for your story. Once you have checked everything on the list, you are ready to submit your story using the link provided by your group leader.

Story
- My story shares a part of an American identity that I am choosing to share.
- My story is based on a physical object or creative representation of an object.
- My story has a title that relates to the object I selected.
- I know the year my story takes place—guessing is okay. This could be the year the story happened, the year of an important move or moment in the story, or other.
- I know what place(s) my story connects to.
- I know if my story has a relationship to immigration or migration.
- I have edited my story, making sure sentences are clear.
- My story is no more than 1500 characters or 240 words.

Images
- I have a photo of my object, or have drawn a picture of it.
- OPTIONAL: I have a photo of the family member(s) or place the object reminds me of, and/or a photo of myself to include.

Categories
Your Story, Our Story organizes stories in categories. While many objects can fit into more than one category, choose a main category your object connects to:
- **Attire** contains objects of clothing, jewelry, hats, accessories, and items worn.
- **Foodways** contains objects related to food, recipes, and items cooked with.
- **Religion** contains objects used during holidays and celebrations.
- **Fun** contains objects used for play, hobbies, or craft.
- **Work/Education** contains objects used for learning like books, tools, and trade items.
- **Miscellaneous** contains objects like pets, transportation, names, signs, places, buildings, and other items that don’t fit into the other categories.

Tags
Help others make connections across stories by choosing tags for your story. Popular tags include time periods, the names of holidays, traditions, or activities and relationships to people.
- I know the tag that my group leader wants me to include.
- I have ideas for three other tags to include with my story.

Website Details
- I have the link to my group’s page where I will submit my story.